



2025 CMCP Annual Business Conference

TITLE: Men of CMCP Forum: Finding Purpose and Meaning Beyond Titles, Targets, and Transactions

DATE & TIME: September 12, 2025; 10:00 am - 11:30 am

LOCATION: Hyatt Regency Downtown San Francisco SOMA - 50 3rd St., SF 94134

SESSION DESCRIPTION: True joy and fulfillment in a legal career come from aligning your work with your values and sense of purpose. In a profession often defined by deadlines, demands, and deliverables, practitioners must be self-motivated to find space for reflection and reconnection. This session will explore how to:

- * Reignite the passion that first drew you to the legal field
- * Identify ways to infuse your practice with purpose—through pro bono service, advocacy, social justice efforts, mentorship, spiritual grounding, or family/personal commitments
- * Find meaning in the day-to-day by viewing your work as part of a broader mission

Whether you're navigating life in a law firm, as in-house counsel, or in public service, this conversation will help you reframe success and rediscover joy in your legal journey.

SPEAKERS:

- Moderator: James Sargent (Glaser Weil)
- Panelists:
 - Arturo Gonzalez (Morrison & Foerster LLP)
 - Eugene Lee (Snap Inc.)
 - Kenneth Trujillo-Jamison (Willenken LLP)

MCLE Written Materials

Books

- David Brooks, *The Second Mountain: The Quest for a Moral Life* (Random House 2019).
- Napoleon Hill, *The Law of Success in Sixteen Lessons* (Wilder Publications 2011)

- Timothy Keller, *Every Good Endeavor: Connecting Your Work to God's Work* (Riverhead Books 2014).
 - Daniel H. Pink, *Drive: The Surprising Truth About What Motivates Us* (Illustrated ed., Riverhead Books 2011).
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Articles

- Teresa M. Amabile & Steven J. Kramer, *The Power of Small Wins*, *Harvard Bus. Rev.* (May 2011), available at <https://hbr.org/2011/05/the-power-of-small-wins>. [Harvard Business Review+1](#)
 - American Bar Association, *The Path to Lawyer Well-Being: Practical Recommendations for Positive Change* (2017), https://www.americanbar.org/groups/professional_responsibility/committees_commissions/standing-committee-on-professionalism/the-path-to-lawyer-well-being-practical-recommendations-for-pos/.
 - Clayton M. Christensen, *How Will You Measure Your Life?*, *Harv. Bus. Rev.* (July–Aug. 2010), <https://hbr.org/2010/07/how-will-you-measure-your-life>.
 - Stephen Friedman, *Find the Meaning in Your Work*, *Harv. Bus. Rev.* (May 2, 2024), <https://hbr.org/tip/2024/05/find-the-meaning-in-your-work>.
 - Jonathan Knowles, Tom Hunsaker, Hannah Grove & Alison James, *What Is the Purpose of Your Purpose?*, *Harvard Business Review*, Mar.–Apr. 2022, <https://hbr.org/2022/03/what-is-the-purpose-of-your-purpose>
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Podcasts

- Andrew Huberman, *Using Play to Rewire & Improve Your Brain*, ** *Huberman Lab* (Feb. 7, 2022), <https://open.spotify.com/episode/4GuloruEatfr8zqD0iBSsx?si=EXi8ooRzS1aF1E6qJ0c34w>.
- Thomas Keller: *Recipe for Success – What It Takes®*, *Spotify* (July 1, 2025), <https://open.spotify.com/episode/1DZDDfmDwWSnZrC8cax1vD?si=bFHBDor6QJah9-BxOdrY8w&context=spotify%3Aplaylist%3A37i9dQZF1FgnTBfUlzkeKt>.
- Anand Upadhye, *The Modern Lawyer Podcast*, *Casetext*, <https://modernlawyerpod.com/>.